



### Summer Academy Registration



Student Name: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Student D.O.B: \_\_\_\_\_ Age: \_\_\_\_\_ M / F

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_

USA Hockey Registration #: \_\_\_\_\_

Session Date: \_\_\_\_\_

#### Payment Method

Visa	MasterCard	Discover
CC#: _____	CCV _____	Ex. Date: _____

Signature: \_\_\_\_\_

**Refund Policy-** There will be absolutely no refunds issued. Credits will be issued in the event of extended illness or injury upon submission of a Doctor's note to the Hockey Director. All Credits are subject to a \$25.00 processing fee. There are no make-ups or credits for missed days. Each Session's class sizes are limited, please choose your day and time with care, paying attention to all class dates noted in the schedule as not to take away possible enrollment from other potential students, should you or your child not be able to attend a session. Sessions that don't meet minimum enrollment requirements may be combined or moved to another session.

**Assumption of Risk/Consent for Treatment-** I hereby give permission for the above named skater to participate in the Aspen Academy Summer 2010 Program. I assume the risks inherent to such participation in further release, absolve, indemnify and hold harmless Aspen Ice at Flemington, it's insurer, the management, director, staff, independent contractors, officers, board of directors and any of it's associates that from any claim arising out of injury. I further authorize the organization to act for me and in my behalf according to his/her best judgment in any emergency or injury to myself or my child requesting paraprofessional or professional medical attention or treatment in the event that I am not available or cannot be reached.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

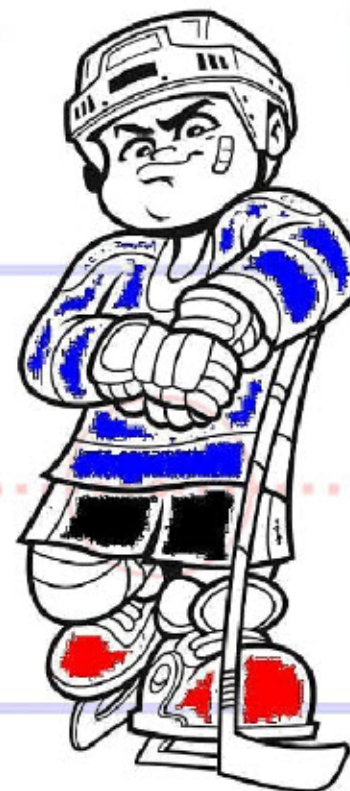


908.237.1423

www.aspenice.net



# Aspen Academy



# Summer 2010



## Sessions

### Slot 1 (M, T, Th., Fr.)

9:30 – 11:00am On-ice

11:15 – 12:00pm Lunch

12:15 – 2:15 Dryland

### Slot 2 (Mon.-Friday)

11:15 – 12:45pm On-ice

1:00 – 1:45pm Lunch

2:00 – 4:00pm Dryland

- Session 1:** June 28<sup>th</sup> – July 2<sup>nd</sup>, 2010 [Slot 1]  
**Session 2:** July 5<sup>th</sup> – July 9<sup>th</sup>, 2010 [Slot 1, Slot 2]  
**Session 3:** July 12<sup>th</sup> – July 16<sup>th</sup>, 2010 [Slot 1]  
**Session 4:** July 19<sup>th</sup> – July 23<sup>rd</sup>, 2010 [Slot 1]  
**Session 5:** July 26<sup>th</sup> – July 30<sup>th</sup>, 2010 [Slot 1]  
**Session 6:** August 2<sup>nd</sup> – August 6<sup>th</sup>, 2010 [Slot 1]  
**Session 7:** August 9<sup>th</sup> – August 13<sup>th</sup>, 2010 [Slot 1, Slot 2]  
**Session 8:** August 16<sup>th</sup> – August 20<sup>th</sup>, 2010 [Slot 1, Slot 2]  
**Session 9:** August 23<sup>rd</sup> – August 27<sup>th</sup>, 2010 [Slot 1, Slot 2]  
**Session 10:** August 30<sup>th</sup> – September 3<sup>rd</sup>, 2010 [Slot 1, Slot 2]

Notice that some weeks Slot 2 will be **not be available** and all of Slot 1 Wednesdays will consist of Team Building and video instead of On-Ice Training. Prices vary for each slot and session.

## Prices

### Slot 1

6 Hours On-Ice  
 10 Hours Dryland  
 2 Hours Team Building

Daily: \$50.00  
 Weekly: \$ 200.00

### Slot 2

7.5 Hours On-Ice  
 10 Hours Dryland

Daily: \$60.00  
 Weekly: \$ 250.00

## Class Breakdown

### Split Camps Open to All Ages

#### Utilize/Learn:

Explosive Speed & Power  
 Balance, Agility, Mobility  
 Body Positioning  
 Weight Distribution  
 Longer Strides  
 Endurance

**Sessions: 1, 3, 4, 5, 6, 8, 9**

6-7.5 Hours On-Ice

10 Hours Dryland Training

### Mite/Squirt Birth Years: 1999-2001

#### Utilize/Learn:

Strides, Stops, Starts  
 Speed Development  
 Quickness Development  
 Dribbling  
 Hand Eye Coordination  
 Puck Protection

**Session: 2**

6-7.5 Hours On-Ice

10 Hours Dryland Training

### Conditioning Camp Open to All Ages

#### Utilize/Learn:

Stamina  
 Stance Work  
 Balance  
 Agility  
 Crossovers  
 Skating Technique

**Session: 10**

6-7.5 Hours On-Ice

10 Hours Dryland Training

### Peewee/Bantam Birth Years: 1995-1998

#### Utilize/Learn:

Stick Checks  
 Taking the Lane  
 1 V 1 Battles  
 Passing  
 Dekes & Moves  
 Create Time & Space

**Session: 7**

6-7.5 Hours On-Ice

10 Hours Dryland Training